Make an Appointment:

To make an appointment to see one of our physicians, please call (646) 962-9800, and our staff will be happy to assist you.

Contact Us:

Telephone: (646) 962-9800
Fax: (646) 962-0390
Website: www.cornellneurology.org

Location:

The Judith Jaffe Multiple Sclerosis Clinical Care & Research Center
Weill Greenberg Center
1305 York Avenue, 2nd Floor
New York, NY 10021

Directions to The Judith Jaffe Multiple Sclerosis Clinical Care & Research Center:

By Car
Coming from FDR South, take the 61st Street Exit and make a right turn onto York Avenue.
Coming from FDR North, take the 71st Street Exit and make a left turn onto York Avenue.

By Subway
Take the 6 Train to the 68th Street/Lexington Avenue Station. Walk four blocks East or take M66 to York Avenue.

By Bus
Via York Avenue, take the M31 to 69th Street.
Via First Avenue, take the M15 to 68th Street.
Walk one block East to York Avenue.

Parking
Valet parking is available on-site at the York Avenue entrance between 69th and 70th Streets. There are no vouchers for parking.
We understand the sense of urgency and psychological stress within a patient with suspected MS, and thus every effort is made to evaluate patients within one week of the referral. The referring physician will receive a printed copy of the complete evaluation.

For Referring Physicians:

We are dedicated to assisting neurologists and physicians within the community in the diagnosis and care of their patients. Comprehensive consultations for diagnostic and/or treatment questions are conducted by one of the attending MS specialists. Referring physicians may request one-time consultations, short-term consultations or assumption of care. The MS Center commonly fulfills requests to evaluate patients for:

- Atypical findings on MRI
- Vague neurologic symptoms
- Confirmation of a MS diagnosis
- Ascertainment of treatment efficacy in an established patient
- Review of treatment options
- Discussion of adverse events associate with MS biologic and pharmacologic therapies
- Family/Genetic counseling in multiplex families
- Discussion of clinical trials
- Advanced diagnostic testing (High field MRI, OCT, PET)
- Co-morbidities
- Rehabilitative medicine

Multiple sclerosis is a disease of the central nervous system in which myelin and myelin-forming cells are destroyed. Myelin is a highly organized, cylindrical-like spiral of membrane that surrounds axons at regular intervals and serves to speed electrical conduction and reduce the energy requirements of neurons and axons in the brain and spinal cord. The initial insult that leads to destruction of myelin is unknown but both autoimmunity and primary degeneration of oligodendrocytes that make myelin are contending theories.

Multiple sclerosis most commonly affects young adults but children and older adults can be affected. Women are affected more commonly than men. Both environmental and genetic factors contribute to the disease. The initial symptoms are varied and can involve vision, balance, strength, coordination, and many other aspects of nervous system function. With disease progression, the cumulative loss of myelin and axons may lead to long-term disability, making early diagnosis and treatment initiation essential to protect the brain and spinal cord from injury.

The diagnosis of multiple sclerosis is typically made by recognition of a characteristic clinical syndrome and a characteristic pattern of lesions on the MRI. Sometimes spinal fluid is used to improve the specificity of the diagnosis. Treatment is based on a careful consideration of patient characteristics as well as effectiveness and safety of individual drugs. Close clinical and MRI monitoring allow us to determine the effectiveness of treatment. We also pay close attention to other factors that can influence MS, including nutrition, exercise, mental health, tobacco use, and alternative medicine. Our overall commitment is to keep our patients functioning at the highest level possible.

Diagnostic and Treatment Services:

The Judith Jaffe Multiple Sclerosis Center is an unparalleled state-of-the-art clinical facility at NewYork-Presbyterian Hospital/Weill Cornell Medical Center located on the upper east side of Manhattan. Below is a list of comprehensive care services and consultants available at the Center itself or within the campus.

- Neuroimaging on 3 Tesla MRI with dedicate protocols for MS
- Modern infusion suite with full-time highly trained infusion nurse specialist
- Clinical Social Work
- Neuro-ophthalmology
- Optical Coherence Tomography
- Positron emission tomography
- Rehabilitation Medicine
- Physical and Occupational Therapy
- Urology
- Neuropsychology
- Psychiatry
- Clinical trials